228,421	12 MONTH BAKING	\$70.00/M	GENDER: 66% FEMALE
216,786	12 MONTH GOURMET COOKING	\$70.00/M	CAN SELECT
182,004	12 MONTH LOW FAT COOKING	\$70.00/M	
325 , 107	12 MONTH HOMESTYLE COOKING	\$70.00/M	ADDRESSING:
231,539	12 MO. CULINARY PUBLICATIONS	\$70.00/M	SEE SELECTIONS
195 , 628	12 MONTH HEALTH PUBLICATIONS	\$70.00/M	
	EMAIL ADDRESS-PLEASE INQUIRE		

THESE HOMESTYLE COOKS AND CULINARY ARTISTS TAKE KEYING: \$2.00/M GREAT PRIDE IN THEIR KITCHEN CREATIONS. WHETHER THEIR INTEREST IS IN GOURMET COOKING, STRIVING FOR A HEALTHIER LIFESTYLE THROUGH EATING HEALTHIER, PERFECTING GRANDMA'S RECIPE, OR FOCUSED ON MASTERING 5,000 ETHNIC OR CULTURAL RECIPES, THEY SPEND MANY HOURS AND THEIR DISCRETIONARY INCOME IN THE KITCHEN.

WITH AN AVERAGE AGE OF 45 AND AN AVERAGE INCOME OF \$55,000, THESE HOMEMADE CHEFS PURCHASE THE BEST IN QUALITY KITCHEN APPLIANCES AND UTENSILS. MANY SUB-SCRIBE TO MAGAZINES TO ENHANCE THEIR KNOWLEDGE OF FOOD PREPARATION AND OBTAIN NEW RECIPES AND ENTER-TAINING IDEAS.

ALL ORDERS CANCELLED AFTER THE MAIL DATE OR MERGE ARE REQUIRED TO BE PAID IN FULL. ALL CANCELLED ORDERS, WHETHER RUN OR NOT, WILL BE SUBJECT TO A MINIMUM \$50.00 CANCELLATION FEE.

SOURCE: DIRECT RESPONSE

SELECTIONS:	STATE, SCF, ZIP	\$6.00/M
	GENDER	\$6.00/M
	HOUSEHOLD DEMOGRAPHICS	\$10.00/M
	LIFESTYLE DEMOGRAPHICS	\$15.00/M
	3 MONTH HOTLINE	\$10.00/M
	6 MONTH HOTLINE	\$5.00/M
	ELECTRONIC DELIVERY	\$50.00

CONTACT LIST MANAGER EMAIL: Scott@midwestdm.com

MINIMUM ORDER:

SAMPLE REQUIRED

UPDATES MONTHLY